Announcing: The Twice and Always Princess

An IFS children’s book by Luann Tennant Coyne (3rd grade – 12th)

The Twice and Always Princess is a fairy tale written to give hope to abused children and show them that healing is always possible.

The story features Princess Bea, a happy girl who loves her animal friends, her kingdom, and everything else about her life. Then one day a bad man steals her kingdom, drives all her friends into hiding and frightens Princess Bea into running away. Can Princess Bea become a Princess again? Can she find all her friends and save them? And will she be able to get her kingdom back?

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*“This story was an amazing journey for anyone, especially girls who have been abused… It felt like my life every step of the way… Amazing! … Reading this story was a turning point in my recovery.” S.S.*

*“I think you did a great job in explaining what happens to a child's mind when their body - the castle - is unfairly victimized. I also think you did well in using imagery children can relate to and understand.” A.K.*

*“Luann weaves the story in a fairy tale for a child to understand and relate to, in language that is powerful and symbolic, with classic IFS protectors and exiles. The princess has qualities of Self (courage, confidence and clarity) which she rediscovers leading to her healing.” Yasmeen Khan, PsyD, Licensed Clinical Psychologist, The Self Empowerment Center*

**Available on Amazon (paperback), Kindle Books and Apple Books.**

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